



DP Standard Process®

Bone Up on Skeletal Health



www.standardprocess.com

Many people, especially women, take their skeletal system and bones for granted. The body's skeleton, which is made up of over 200 bones, protects vital organs, provides a rigid framework that gives shape and support to the body, and gives us the ability to move. Without correct nutrition, bones and skeletons are at risk.

Maintaining strong bones can be simple and the best offense when one wants to keep a healthy lifestyle. Eat well-balanced meals rich in calcium and avoid smoking, drinking alcoholic beverages, and heavy lifting. Support your bones and skeleton with healthy nutrition now, so they can support you later in life. Keep your bones and skeletal system strong by taking supplements known for their ability to support healthy bone conditions—Standard Process whole food supplements.

Bio-Dent[®] Bones and teeth, despite their apparent static nature, contain dynamic and active tissue—not only requiring minerals such as calcium, phosphorus, and manganese; but also proteins, amino acids, and enzymes. Bio-Dent supplies these important nutritional compounds to help support the health of bones and teeth. The calcium found in Bio-Dent can help protect against bone loss and support bone health.*

Biost[®] The nutrients found in Biost can help support bone health at the cellular level—important for men and women of all ages. Biost contains veal bone PMG[™] extract, which provides the concentrated components of cell chromosomes. The antigenic properties of veal bone PMG[™] extract promote healthy cellular division, growth, repair, and function. Veal bone PMG[™] extract also appears to neutralize circulating antibodies, thereby contributing to the maintenance of cellular health.*

Calcifood[®] Calcium cannot be absorbed properly and used by the body efficiently unless other vital minerals and nutrients essential for calcium metabolism are present. Calcifood provides a whole-food source of calcium along with complementary and synergistic vitamins, minerals, amino acids, and enzymes—enabling calcium to be readily absorbed and used by the body, naturally. The calcium found in Calcifood is completely bioavailable—making it a perfect choice to support bone health and protect from bone loss.*

Ostarplex[®] Alfalfa, found in Ostarplex, contains vitamin complexes A, B₁, B₂, B₃, B₆, C, and K. Mineral complexes, including calcium, copper, iron, manganese, magnesium, phosphorus, potassium, zinc, sulfur, sodium, silicon, and some trace minerals, are also found in alfalfa. Alfalfa proteins supply enzymes and essential amino acids. Both pantothenic and folic acids are also found in alfalfa. Numerous studies point to the importance of these vital nutrients in maintaining strong skeletal tissue. These nutrients are especially important during years of decreased estrogen production.*

Ostrophin PMG[®] Ostrophin PMG contains veal bone PMG[™] extract, the concentrated components of cell chromosomes. Protomorphogen[™] extracts contain unique nucleoprotein–mineral extracts to support bone health at the cellular level. Veal bone PMG[™] extract helps maintain the bones in a good state of health and supports healthy bone function. The antigenic properties of veal bone PMG[™] extract promote healthy cellular division, growth, repair, and function. The calcium found in Ostrophin PMG helps support healthy bone density.*

Rumaplex[®] This is a special combination supplement formulated to support the bone–joint complex and related structures that are subject to repetitive use and marked by chronic, systemic responses to repetitive use. The calcium in Rumaplex helps protect against bone loss and support bone health.*