



**Standard
Process**[®]

Digestive Health



www.standardprocess.com

Food is the energy source for the human body. The process of breaking down food and converting it into a form that can be absorbed into the body's tissues is called digestion. The human digestive system includes a group of organs that uses mechanical and chemical actions to change food into various nutrients, such as carbohydrates, fats, and proteins, which are the soluble products needed for the human body to function.

To ensure your body properly digests and absorbs the needed nutrients found in the foods we eat, one must keep the digestive system healthy and clean. By following a well-balanced diet, eating small meals regularly, reducing the amount of refined fats and refined sugars, and drinking plenty of fluids between meals, one can help keep their digestive system on track.

Standard Process offers many whole food supplements to help support the digestive system.

*Multizyme[®] contains digestive enzymes from both plant and animal sources to encourage the proper breakdown and absorption of proteins, carbohydrates, and fats. Multizyme contains fig, papaya, and almond, which is rich in unsaturated fatty acids needed for fat metabolism. The pancreatin found in Multizyme contains primarily amylase, lipase, and protease to further enhance multiple metabolic processes.**

*Zypan[®] contains betaine hydrochloride to provide the foundation for proper gastric hydrochloric acid production. Zypan also contains proteolytic enzymes in combination with pancreatin, primarily supporting the digestion and absorption of protein. Pancreatin also contains amylase and lipase, which is necessary for the appropriate breakdown and absorption of carbohydrates and fats.**

*Gastrex[®] is formulated to support digestive function in the stomach and small intestine. Gastrex contains the natural ingredients of okra powder, bentonite, anise powder, chlorophyll from tillandsia, and porcine stomach and duodenal tissue extracts. These ingredients work together to cleanse the upper gastrointestinal tract to promote healthy digestion.**

*Cholacol[®] II provides a source of bentonite. Bentonite has adsorbent properties, meaning that it functions like a magnet where materials adhere to its surface and are then carried away for elimination. In this way, the bentonite in Cholacol II aids in the cleansing of the entire intestinal tract.**

*Lact-Enz[®] is a unique gastrointestinal support product that combines digestive enzymes with beneficial intestinal flora. The combination of these ingredients help maintain a healthy intestinal environment and assist in the breakdown of macro-nutrients.**

*Okra Pepsin E₃ contains allantoin and the vitamin E₃ complex, which work synergistically to promote gastrointestinal healing. The combined properties of the nutrients in Okra Pepsin E₃ support cleansing of the bowel and promote effective motility of intestinal contents.**