



Focus On Your Eye Health

Although the human eye does not even measure one inch in diameter, its power is remarkable. It is made up of a complex bundle of nerves and muscles, allowing us to focus on objects and discern colors, shapes, sizes, and light and dark. However, over time, vision may change. Environmental stressors, such as free radicals, can damage cells in the eyes. Thus, as we age, our vision may decline.

Therefore, it is important to protect your eyes from such insults and stresses. You can start with a balanced diet rich in vitamins, minerals, and antioxidants to help maintain eye health. Focusing on your future eye health now is the only way to ensure your vision stays with you for a lifetime. The following nutritional supplements are designed to keep your eyes healthy.

OPC Synergy[®] OPC Synergy draws maximum antioxidant strength and tissue protection from five different whole-food sources. Oligomeric proanthocyanidins (OPCs), found in a variety of plants, fruits, and vegetables, are flavanols thought to offer strong antioxidant protection. The strength and superior bioavailability of OPC Synergy allows it to protect positive roles in every part of the body—especially in delicate brain, eye, and nerve tissue—to support ocular health.*

Oculotrophin PMG[®] Oculotrophin PMG is a formula with the principal ingredients of porcine eye PMG[™] extract, calcium lactate, and magnesium citrate. Protomorphogen[™] extract is the brand name given to Standard Process extracts derived from nucleoprotein-mineral molecules in the nucleus of cells from the corresponding glands and organs of specific animals. The theoretical foundation for the function of these uniquely-formulated extracts comes from the antigen-antibody reaction that takes place during normal cell maintenance. In Oculotrophin PMG, the antigenic properties reduce the strain on the eye, allowing for healthy cellular division, function, and growth.*

Cruciferous Complete[™] Phytonutrient antioxidant substances, such as vitamin C and glucosinolates, are present in cruciferous vegetables like kale and Brussels sprouts, the main ingredients in Cruciferous Complete. These substances stimulate the body's natural cleansing systems and help protect it against free radicals and reactive oxygen species that can compromise cellular DNA, proteins, and other metabolic machinery.*



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MEDIHERB[®]
INNOVATIVE HERBAL SOLUTIONS

Iplex[®] Whole vitamin complexes A, B, and C are important for proper eye function. These complexes are needed to maintain the structure and function of the specialized epithelial tissues of the retina. The retina contains ten distinctly different layers of delicate nerve tissue, all highly dependent on adequate vitamin A for proper visual acuity in different kinds of light. Iplex is a special combination formula that contains these nutrients along with porcine eye PMG[™] extract. The theoretical foundation for the function of these uniquely-formulated extracts comes from the antigen-antibody reaction that takes place during normal cell maintenance. In Iplex, the antigenic properties reduce the strain on the eye, allowing for healthy cellular division, function, and growth.*

The following MediHerb products also support eye health:

Bilberry 6000mg During World War II, bilberry jam was consumed by British Royal Air Force pilots to improve their night vision. Key constituents of bilberry fruit, the anthocyanins, help promote vascular integrity and enhance microcirculation that may be beneficial in enhancing blood flow to the eyes and maintaining healthy eyes. The fruit of bilberry also provides good antioxidant protection.*

Ginkgo 2000mg Clinical trials have shown that *Ginkgo biloba* extracts containing flavonoids and terpenoid lactones support healthy circulation and oxygen flow to the brain and eyes and provide antioxidant protection. Enhancement of retinal blood flow and improved retinal blood vessel integrity may also be provided by this herb.*