



**Standard Process**  
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M

# Men's Health

Research suggests that life expectancy for men is at least 10 percent lower than that of their female counterparts. Yet, most men fail to take care of themselves. The National Institute of Aging recommends that men over age 40 get regular checkups with a thorough prostate exam. Additionally, the following products help support men's health by promoting the healthy functioning of those organ systems intimately related to specific male health conditions.

**Palmettoplex®** combines the natural ingredients from saw palmetto berry extract, bovine prostate PMG™ extract, stinging nettle root extract, saw palmetto berry powder, pygeum, zinc liver chelate, glutamic acid, tomato powder, glycine, and alanine to help support healthy reproductive system functioning. Saw palmetto berry extract specifically helps support prostate health.\*

**Symplex® M** contains Protomorphogen™ brand extracts that enhance the healthy functioning of the male adrenal, thyroid, and pituitary glands and reproductive organs. Collectively, these glands promote appropriate hormone production to help regulate cardiovascular and muscle function, enhance central nervous system response to daily stress, encourage healthy energy production and basal metabolism rate, and promote protein synthesis. The ingredients found in Symplex M are combined specifically to address the unique demands of the male body.\*

**Cataplex® E** contains the vitamin E complex, which has been known to help support muscle function. Research reveals that vitamin E helps decrease anoxia of muscle, maintain capillary tone and permeability, promote healthy arterioles, and protect muscle tissues from free radical damage. Vitamin E helps keep the cardiovascular system healthy.\*

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**MEDIHERB®**  
INNOVATIVE HERBAL SOLUTIONS

**Prost-X™** contains the unique glandular materials of prostate Cytosol™ extract, plus specific nutrients that are thought to support a healthy prostate. These nutrients play a fundamental role in supporting healthy tissue. The nutrients support proper cellular function by supporting normal capillary formation. The substances unique to the bovine prostate Cytosol™ extract help support prostate health at the cellular level.\*

**For-Til B<sub>12</sub>®** contains *Tillandsia usneoides*, which is known in South American folklore to boost immunity. *Tillandsia* has also been used in the form of a tea to help support healthy blood. The compounds found in For-Til B<sub>12</sub> help keep the heart and blood vessels healthy.\*

The following MediHerb products also support men's health.

**Nettle Root 1:2** promotes healthy prostate gland function and facilitates proper urine flow.\*

**Tribulus** contains *Tribulus terrestris* leaf and furostanol saponins, which help promote healthy male physiology. In clinical trials, this herb has been particularly useful for enhancing libido and sexual performance in men. It may also help restore or build vitality and assist in responding to stress.\*