



**FP** Standard Process®

# Your Baby's First Gift – Optimal Prenatal Nutrition



*Your unborn child depends upon you to supply all of his or her nutritional requirements until he or she enters the world. Eating a healthy and balanced diet in combination with dietary supplements will help your baby grow properly and maintain good health. Our office offers a number of whole food supplements to help meet your nutritional demands during pregnancy.*

***Folic Acid B<sub>12</sub>*** aids in proper neural tube formation, reducing the risk of birth defects, and supports proper nervous system development as your baby grows. This product is beneficial before and during pregnancy.\*

***Calcium Lactate*** provides an easily absorbed form of calcium balanced with magnesium for you and your growing baby, so that your own supply is not depleted from your bones.\*


***Ferrofood<sup>®</sup>*** provides iron, a required mineral during pregnancy.

***Tuna Omega-3 Oil*** provides the vital omega-3 fatty acid DHA to support optimal brain and visual health of your baby.\*

***Catalyn<sup>®</sup>***, our multivitamin, helps support optimal fetal development by filling the nutritional gaps in your diet.\*

***SP Green Food<sup>™</sup>*** is made from nutritionally-packed Brussels sprouts, kale, buckwheat, barley grass, and alfalfa sprouts to offer added nutritional support to your diet.

*Ask our office for more  
information about these prenatal  
products or order them today!*



\*These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.