



Summer Sun Health for Your Skin and Body

Everyone enjoys spending time outdoors in the summer. However, unprotected exposure to the sun and ultraviolet (UV) rays can be very damaging and possibly deadly. Those who are constantly exposed to the sun, such as farmers, construction workers, and lifeguards, are at the highest risk. Remember to cover up and protect yourself from the dangerous effects of the sun and UV rays. Below are some Standard Process products to help maintain a healthy body during the summer.

Dermatrophin PMG[®] is a Protomorphogen[™] extract formulated to help maintain the healthy functioning of the skin. The skin is the largest organ of the body and the one most exposed to the environment. The cells of the outmost layer, the epidermis, are continually renewing. These cells serve many important functions, especially providing protection for the entire body.*

Cataplex[®] F (Tablets) contains the vitamin F complex which supplies important unsaturated fatty acids, including the multipurpose linoleic acid. Unsaturated fatty acids like linoleic acid have been shown to possess skin-supportive properties. Cataplex F (Tablets) also contains iodine that is essential to the function of vitamin F and unsaturated fatty acids. Cataplex[®] F (Perles) provides a healthy alternative for the iodine-sensitive patient.*

Wheat Germ Oil Fortified[™] contains the vitamin E complex which supports skin health. Wheat germ oil comes from the heart of the wheat berry. This oil is unusually rich in the most biologically-active forms of the vitamin E complex.*

Chezyn[®] contains zinc, which works synergistically with other minerals, such as iron and copper, and the vitamin A complex. Zinc helps promote healthy skin structure and function.*



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USF Ointment[®] supplies essential fatty acids (the vitamin F complex) directly to the skin. Lard provides an excellent source of the vitamin F complex. Lanolin is a cholesterol source that, in concert with lecithin, supplies important nutrients for the protection and maintenance of supple, healthy skin; especially useful when skin is exposed to the drying effects of the sun and wind.*

Cataplex[®] A-C-P combines the complementary and synergistic vitamin complexes of A, C, and P. Vitamin A complex helps maintain a healthy epithelium. Vitamin C complex is vital in supporting the skin. Vitamin P, also known as rutin, is a member of the quercetin family of nutrients. It supports good skin health by supporting the small capillaries of the skin.*